Taking the pulse of our community

The Fremantle Foundation acknowledges the Whadjuk Nyongar people as the traditional custodians of Walyalup (Fremantle).

We would like to acknowledge and pay our respects to Nyongar elders past, present and future.

We wish to acknowledge and pay our respects to their continuing culture and the contribution they make to the life of this boodja (land).

Introducing Fremantle’s Vital Signs

In a first for our community, we take a snapshot of Fremantle’s vital statistics including the Gap Between Rich & Poor, Health, Learning and Belonging.

Welcome to Fremantle’s Vital Signs.

Fremantle’s Village of 100

if Fremantle was a village of 100 people

Age

26 are aged 0-25
57 are aged 25-64
17 are aged 65 & older

Gender

51 female
49 male

Employment

34 are employed as professionals

Nationality

9 were born in the UK
61 were born in Australia
39 were born overseas
3 were born in Italy

Religion

41 identify as Christian
0.5 identify as Muslim
0.5 identify as Hindu
42 identify as having no religion
0.5 identify as Jewish

Language

23 people speak a language other than English

Employment

34 are employed as professionals

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9 were born in the UK
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GAP BETWEEN RICH AND POOR

A large gap can lead to social problems and a less diverse community. It can also reduce our overall wellbeing if it means we are not using the skills and capabilities of all our citizens.

HOUSING AFFORDABILITY IN FREMANTLE

Social housing is provided by government agencies or non-profit organisations for people on low incomes or with particular needs. AHW defines housing stress as spending more than 30% of gross household income on housing costs. ‘Rental stress’ describes households at risk of experiencing difficulty meeting their rental costs. (ABS)

- 15% receive rental assistance
- 21.8% rental stress
- 8% housing stress
- Social Housing: 8.6% Fremantle
- Only 4% of all real estate sold in Fremantle... was affordable for households with an income less than $68,000

WORKING FULL TIME

In 2016 females earned 27% less than males.

- 5% unemployment rate 2011
- 7.3% unemployment rate 2016

CRISIS ACCOMMODATION

is the number of beds available every night at St. Patrick’s Community Support Centre.

139 beds

CLOSING THE GAP BETWEEN RICH AND POOR

Not long ago Jess was living in a social housing facility with over 190 other people. She was unemployed and separated from her children. Then she started attending weekly cooking classes run by Sophie Budd at 100 Hampton Rd, a facility that was transformed in 2015 with a $100,000 grant from Fremantle Foundation’s Impact 100 Fremantle initiative. Today Jess lives in her own home with her kids. Working with Sophie has given Jess the skills and motivation to break the poverty cycle.

100 Hampton Road Kitchen Story
Fremantle Foundation

100 Hampton Road South Fremantle
Kai Eardley Fund/Man Up
Fremantle Foundation

Please read the full inspiring story online through fremantlefoundation.com/vitalsigns

HEALTH

Community vitality is created through supporting positive lifestyle choices alongside the availability of health services.

YOUNG ADULT MENTAL HEALTH

of people accessing mental health support at 360 Health + Community service centres across Perth in the past 12 months were 10–19 year olds. 20–29 year olds had the same rate.

MENTAL HEALTH

of people in the Fremantle area are considered to have either high or very high levels of psychological distress.

PREVENTABLE HEALTH RISKS

- 88% of children under 1 are fully immunised.
- 30% of adults consume on average more than 2 standard drinks per day.
- 44% of Fremantle Street Doctor patients are 45 – 64 years old.

HOMELESSNESS AND HEALTH

- 54% of homeless people have a combination of serious health concerns including psychological, medical and substance use.
- 22% of the population of Fremantle rely on government support as their primary source of income.
- Of the population of Fremantle area are considered to have either high or very high levels of psychological distress.

DISABILITIES AND AGING

- 14% of residents over 65 are living with a severe disability.

MANNING UP - CREATING OPPORTUNITY OUT OF TRAGEDY

After Claire Eardley’s son Kai took his own life in 2016 his family were determined to honour Kai’s memory. They embarked on a mission to create positive change for the mental health of young people. They have set up the Kai Eardley Fund with the Fremantle Foundation to support workshops that break down the often dangerous and harmful ideas of masculinity and provide young West Aussies a road to positive mental health.

Most schools in the Fremantle area are doing well, but some need additional resources to help their students thrive.

In Fremantle we pride ourselves on a strong community spirit, but who is missing out?

Successful communities offer residents abundant, affordable and flexible opportunities to learn.

Belonging is important for a vibrant and healthy community. A feeling of belonging can assist individuals in leading a healthy and rewarding life with a strong sense of agency.

### LEVEL OF EDUCATION

<table>
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<tr>
<th>FREMANTLE</th>
<th>AUSTRALIA</th>
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<tbody>
<tr>
<td>64%</td>
<td>56%</td>
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Percentage of population who have a post-secondary school qualification.21

Index of Community Socio-Educational Advantage (ICSEA) is an indicator of the level of educational advantage of students who go to this school. An average score is 1000. Attendance level is the proportion of students who attend at least 90% of the time.

**ICSEA**

- **All 12** have above average scores.
- **2 of the 3** have above average scores.

**Attendance**

- 4 schools are experiencing concerning attendance levels for more than 20% of their students.
- 2 schools are above state average. 1 school is below state average.

**Primary Schools in the City of Fremantle**22

17.5% of children entering primary school have vulnerabilities in one or more domains of school readiness compared to 21.3% of children across WA.22

**High Schools in the City of Fremantle**22

19% of Fremantle people volunteered.26

17% of WA people volunteered.26

There are 57 community organisations registered as charities in Fremantle.24

1,905 people provided unpaid care for children other than their own.29

There are 2 tertiary education institutions, 3 secondary schools and 12 primary schools in Fremantle.22

There are 5 community gardens in Fremantle.22

At the last Fremantle Local Government Ordinary Election the average voter turnout dropped from 37.12% (2013) to 30.30% (2015).25

### COMMUNITY INVOLVEMENT - VOLUNTEERING

**VOTER TURN OUT**

- **30%** Voter turnout at elections

**IT TAKES A VILLAGE**

- Members of Free Massive Facebook group.26
- 21000+

**COMmUNITY GARDENS**

- The Fremantle PCYC centre has nearly 5,000 visits per month to Youth Space.24
- 5000 visits

**LESSONS LEARNED AFTER SCHOOL**

One local school in the greater Fremantle area, Caralee Community School, is increasing school attendance and driving academic performance through a Homework Club.

The Club offers attendees one on one tutoring and supervised access to the library’s resources where students complete homework and assignments.

Ongoing funding from donors of the Fremantle Foundation helps to ensure this positive approach to a challenging issue will remain in place for the foreseeable future.

**Homework Club**

*Fremantle Foundation*

**Night Hoops - Scoring Goals in Social Cohesion**

For over three years Night Hoops has run regular six-week basketball tournaments on Saturday nights in the greater Fremantle area. These tournaments open the way to wider lessons in belonging and participation.

The locked-door events combine basketball games with compulsory life skills workshops and a healthy meal for all participants.

Through a major grant of $100,000 from the Fremantle Foundation’s Impact 100 Fremantle initiative, Night Hoops will run their tournaments throughout 2017 and 2018.

**Night Hoops**

*Fremantle Foundation*

Please read the full inspiring story online through fremantlefoundation.com/vitalsigns

### Source


19% of Fremantle people volunteered.

17% of WA people volunteered.

17% of WA people volunteered.
How to use this report?
We have a lot to be proud of in Freo and we are brave enough to address the big issues.
Use this report as a conversation starter with friends, family and work colleagues.

Ask the questions:
What issues do you care about?
What data surprises you?
How can you get involved to make a difference?

What happens next?
This is an important starting point. We invite you to join us to think about how Fremantle’s Vital Signs can support your efforts to strengthen our community.
With future Fremantle’s Vital Signs reports we can all track our progress.

About the Fremantle Foundation
The Fremantle Foundation offers easy and satisfying ways for individuals, families and businesses to give something of real value back to the community that they care about.
Founded in 2010, the Fremantle Foundation has grown rapidly to become WA’s premier community foundation. Our donors have distributed $1.12 million and supported 45 community projects.

Acknowledgement
Vital Signs is a community checkup tool conducted by community foundations around the world that measures the vitality of our communities and identifies significant trends in a range of areas critical to quality of life.
Our special thanks go to the Toronto Foundation for developing and sharing the Vital Signs concept. Australian Community Philanthropy manages Vital Signs in Australia.
The Vital Signs Trademark is used with permission from Community Foundations of Canada.
We have endeavoured to include the most up-to-date data available. We look forward to updating Fremantle’s Vital Signs as new data becomes available.
For a full list of sources visit fremantlefoundation.com/vitalsigns

Local connects to global Sustainable Development Goals
Fremantle’s Vital Signs takes a very local look at our world but links into a global network which is working together to promote sustainable development using local knowledge, collaborative partnerships, multilevel governance and scientific research.
The United Nations has adopted 17 Sustainable Development Goals. This year’s Fremantle’s Vital Signs report is relevant to the seven goals shown opposite.

Ways you can get involved
1. Join the effort to improve Fremantle’s Vital Signs and sign up for updates about events, activities and future research.
fremantlefoundation.com/vitalsigns

2. Consider volunteering with an organisation in your community which is seeking to make a difference on an issue that’s important to you.

3. Make a donation to the Fremantle Foundation’s Vital Fund to join with others who care about their community.

4. Start your Own Fund with the Fremantle Foundation to make an impact on the issues you care about.

To get involved go to fremantlefoundation.com/vitalsigns

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Special thanks to project partners

d lotterywest
City of Fremantle
South West Metropolitan Partnership Forum